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First The Thinking Man S Guide
To Pleasuring A Woman

She Comes First The Thinking Man S Guide To Pleasuring A Woman

A new, practical workbook from the New York Times bestselling author of *Come As You Are* that allows you to apply the book's groundbreaking research and understanding of why and how women's sexuality works to everyday life. In the twentieth century, women's sexuality was seen as "Men's Sexuality Lite": basically the same, but not quite as good. From genital response to sexual desire to orgasm, we just couldn't understand

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that complicated, inconsistent, crazy-making “lady business.” That is, until Emily Nagoski changed the game with her New York Times bestseller, Come As You Are. Using groundbreaking science and research, she proved that the most important factor in creating and sustaining a sex life filled with confidence and joy is not what the parts are or how they’re organized, but how you feel about them. Which means that things like stress, mood, trust, and body image are not peripheral factors in a woman’s sexual wellbeing; they are central to it. And,

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that even if you don't yet feel that way, you are already sexually whole. Nagoski's book changed countless women's lives and approaches to sex, and now she offers the next step. The Come As You Are Workbook is a practical companion to this bestselling guide, filled with new activities, prompts, and thought-provoking examples to help you exercise and expand on the knowledge you've learned. This collection of worksheets, journaling prompts, illustrations, and diagrams is a practical and engaging companion for anyone who wants to further their understanding of their

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*own bodies and sex lives.
A NEW YORK TIMES BESTSELLER
An essential exploration of
women's sexuality that will
radically transform your sex
life into one filled with
confidence and joy. After
all the books that have been
written about sex, all the
blogs and TV shows and radio
Q&As, how can it be that we
all still have so many
questions? The frustrating
reality is that we've been
lied to – not deliberately,
it's no one's fault, but
still. We were told the
wrong story. Come as You Are
reveals the true story
behind female sexuality,
uncovering the little-known
science of what makes us*

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tick and, more importantly, how and why. Sex educator Dr Emily Nagoski debunks the common sexual myths that are making women (and some men!) feel inadequate between the sheets. Underlying almost all of the questions we still have about sex is the common worry: 'Am I normal?' This book answers with a resounding Yes! We are all different, but we are all normal – and once we learn this, we can create for ourselves better sex and more profound pleasure than we ever thought possible. PRAISE FOR EMILY NAGOSKI 'As a literary work, Nagoski's book deserves plaudits for the rare achievement of

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merging pop science and the sexual self-help genre in prose that's not insufferably twee ... "You are normal!" doesn't sound much like a battlecry, but in a world keen to sexually homogenise women from the gap of their thighs to the shape of their mons pubis, the sentiment lands like a bomb.' The Guardian 'Come As You Are screams female empowerment loud and proud.'

The Independent

'This book taught me so much about female desire. A must read!' Cherry Healey *Did you know that there is an orgasm gap of around 30% between heterosexual couples when they have sex? In Mind The*

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Gap, Dr Karen Gurney, a clinical psychologist and certified psychosexologist, explores not just this gap, but the gaps in our knowledge of so much of the most important new science around sex and desire. In this book, you will learn that nearly everything that you've been led to believe about female sexuality isn't actually true. And that, despite what you might think, it is possible to simultaneously feel little to no spontaneous desire and have a happy and mutually satisfying sex life long term. Exploring the mismatch between ideas about sex in our society and what the

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science tells us, *Mind The Gap* also explains how this disconnect lies at the root of many of our sexual problems. Combining science with case studies, practical exercises and tips, this is a book for anyone who wants to better understand the mechanics of desire and futureproof their sex life, for life.

What do you do when your marriage is so unhappy that you begin to fantasize about your husband's funeral?

That's how bad it got for Alisa Bowman. . . So she launched a last-ditch effort to save her marriage.

Project: Happily Ever After is her fearlessly honest and

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humorous account of how she went from being a "divorce daydreamer" to renewing her wedding vows -- and all of the steps in between. From bikini waxes to erotica, romance instruction manuals to second honeymoons, the silent treatment to power struggles, she goes where many marriage-improvement gurus have feared to tread. Equal parts funny, poignant, and most importantly, useful, Bowman's story will give other miserably-married folks courage and hope. And in addition to telling her own story, she packs straightforward prescriptive guidance, including a "10-Step Marital Improvement

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**Guide.” Readers will laugh.
They'll cry. And they can
start on the road toward
their own happy ending!**

Passionista

**She's Yours For The Taking
All in Pieces**

Vitamin O

**Women's Anatomy of Arousal
More Orgasms Please**

**She Comes First - Reclaim
Your Power! - a Guide for
Sassy Women Who Want to Get
Back in Control of Their
Life**

**“Every man’s must-read. Tell
your guy to put down the
remote and pick up She
Comes First.” —Cosmopolitan
Ian Kerner offers a radical new
philosophy for pleasuring**

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women in **She Comes First**—an essential guidebook to oral sex from the author of **Be Honest—You’re Not That Into Him Either**. The New York Times praises Kerner’s “cool sense of humor and an obsessive desire to inform,” as he “encourages men through an act that many find mystifying.” An indispensable aid to a healthier, more fulfilling sex life for her and him, **She Comes First** offers techniques and philosophy that have already earned raves from the likes of bestselling author and Loveline co-host **Dr. Drew Pinsky** as well as

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**Playgirl magazine, which
cheers, “Hallelujah!”**

**Love, romance, and intimacy:
they’re fundamental to the
human experience. That’s why
it’s important to maintain a
passionate, physical
connection. This guide to
pleasure helps couples do just
that, giving them the power to
revitalize their romance and
keep the sexual heat turned
way up to red-hot. Lovers can
get more of what they want by
poring through the visually-
charged pages together,
deciding what they’d like to
recreate, try, or look into a
little more. It’s a creative aid**

to expressing ideas that make many blush, and a great way to check on whether their desires are fully attuned. From lingerie and lubricants to sensual massages and seductive kissing, from the alchemy of aphrodisiacs to Tantra and the Kama Sutra, this captures the entire world of sexuality.

Alice in Wonderland (also known as Alice's Adventures in Wonderland), from 1865, is the peculiar and imaginative tale of a girl who falls down a rabbit-hole into a bizarre world of eccentric and unusual creatures. Lewis Carroll's

prominent example of the genre of "literary nonsense" has endured in popularity with its clever way of playing with logic and a narrative structure that has influence generations of fiction writing.

A troubled young mother yearns for a shot at redemption in this heartbreaking yet hopeful story from #1 New York Times bestselling author Colleen Hoover. After serving five years in prison for a tragic mistake, Kenna Rowan returns to the town where it all went wrong, hoping to reunite with her four-year-old daughter. But

the bridges Kenna burned are proving impossible to rebuild. Everyone in her daughter's life is determined to shut Kenna out, no matter how hard she works to prove herself. The only person who hasn't closed the door on her completely is Ledger Ward, a local bar owner and one of the few remaining links to Kenna's daughter. But if anyone were to discover how Ledger is slowly becoming an important part of Kenna's life, both would risk losing the trust of everyone important to them. The two form a connection despite the pressure

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surrounding them, but as their romance grows, so does the risk. Kenna must find a way to absolve the mistakes of her past in order to build a future out of hope and healing.

**The Come as You Are
Workbook**

**A Man's Guide to the
Seduction and Sexual
Enchantment of Women**

**The Intimate History of the
Orgasm**

**A Couple's Guide to Financial
Communication**

**Totally explicit techniques
every woman wants her man
to know**

The Secrets of Sexual

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Satisfaction

**Analysis of Ian Kerner's She
Comes First by Milkyway
Media**

In 1958 Detroit, pregnant Grace, best friend Julia, and stylish Malina are terror-stricken by the disappearance of a childlike neighbor under their care whose fate reveals sinister elements in their community.

From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional

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conversations—featuring all-new advice! There’s a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don’t know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You’ll learn what to say when • coworkers push their work on

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you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you’re being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate’s loud speakerphone is making you homicidal • you got drunk at the holiday party

Praise for Ask a Manager
“A must-read for anyone who works . . . [Alison Green’s] advice boils down to the idea that you should be professional

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(even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “The author’s friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers’ lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library

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Journal (starred review)
“I am a huge fan of Alison Green’s Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of *The No Asshole Rule* and *The Asshole Survival Guide* “Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm

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way.”—Erin Lowry, author of *Broke Millennial: Stop Scraping By and Get Your Financial Life Together*

A leading British journalist examines both male and female sexual climax throughout history from a biological, psychological, and literary perspective, exploring the ways in which the search for pleasure—and the converse fear of that pleasure—has shaped diverse societies.

Reprint.

Happy Couples Know How to Talk About Money The number one cause for

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divorce is financial infidelity. Now "The Money Couple" reveals the missing ingredient needed before any financial program or plan can work: healthy financial communication. This book tells you how to: Diagnose your level of financial infidelity Identify your individual Money Personality Master the Money Huddle and the Money Dump Achieve financial goals once and for all The Empowered Woman's Guide to Pleasuring a Man Emily Ratajkowski's deeply honest and personal

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exploration of what it
means to be a woman today
- THE NEW YORK TIMES
BESTSELLER

*The Thinking Man's Guide
to Pleasuring a Woman
The Thinking Woman's Guide
to Pleasuring a Man
Saving Your Marriage When
the Fairytale Falters
First Comes Love, Then
Comes Money
Reminders of Him*

**When a young girl ventures
through a hidden door, she finds
another life with shocking
similarities to her own. Coraline
has moved to a new house with
her parents and she is fascinated
by the fact that their 'house' is in
fact only half a house! Divided**

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into flats years before, there is a brick wall behind a door where once there was a corridor. One day it is a corridor again and the intrepid Coraline wanders down it. And so a nightmare-ish mystery begins that takes Coraline into the arms of counterfeit parents and a life that isn't quite right. Can Coraline get out? Can she find her real parents? Will life ever be the same again?

The companion book to Ian Kerner's smash success She Comes First, He Comes Next offers women his sometimes radical, always expert advice on everything from the nature of male desire to sex-techniques that work While women everywhere benefited from Ian

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Kerner's sexual philosophy of female pleasure in *She Comes First*, now it's time to learn all about what turns men on and makes them stay on. In *He Comes Next*, Kerner covers every angle of male sexuality, illuminates the most common sex-life ruts, and offers practical, knowledgeable answers to women's most frequently asked questions. In his role as a sex therapist, Kerner has spoken with countless men not only about the best sex they ever had, but also perhaps more important about the best sex they never had -- experiences they always desired and fantasized about, but were afraid to share with their partners. In the spirit of "full exposure," *He Comes Next* is the

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closest you'll ever come to waking up in a guy's skin and knowing what truly makes him sexually tick. Sexual pleasure goes beyond tips and tactics, however. Our sexual identities -- and the expression, gratification, and growth of these identities -- is fundamental to the success of our intimate relationships. With step-by-step and -- yes -- blow-by-blow detail, Kerner provides a clear, concise, achievable vision of sexual pleasure, one in which each technique forwards the action and where the whole is greater than the sum of its parts. Written in the same witty, insightful, and utterly readable voice that has made She Comes First and Be Honest -- You're Not That Into Him Either so popular,

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He Comes Next is the thinking woman's guide to enjoying sex to the fullest and ensuring that he does the same.

She Comes First: The Thinking Man's Guide to Pleasuring a Woman (2004) is a complete and detailed guidebook for performing cunnilingus. Author and sex counselor Ian Kerner argues that women require prolonged and consistent clitoral stimulation to achieve orgasm, which can best be provided through oral sex... Purchase this in-depth summary to learn more. Did you know that the clitoris has 8000 nerve endings, twice as many as the penis? Here is everything you've wondered about the female orgasm and how to make it happen. A witty,

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well-researched and revealing guide to giving your lover an orgasm every time. More than just foreplay, Ian Kerner argues that oral sex is the key to a great sex life for both partners. Short sections cover philosophy, technique, step-by-step instructions and detailed anatomical information, essential to both beginners and experienced lovers. 'It's time to close the sex gap and create a level playing field in the exchange of pleasure, and cunnilingus is far more than just a means for achieving this noble end; it's the cornerstone of a new sexual paradigm, one that exuberantly extols a shared experience of pleasure, intimacy, respect and contentment. It's

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also one of the greatest gifts of love a man can bestow upon a woman.' Ian Kerner

How To Give Her Absolute Pleasure

The Year of Magical Thinking

Mind The Gap

How to Make Her Orgasm

Pleasuring

O

Be Honest--You're Not That Into Him Either

A FRANK, FUNNY AND

EMPOWERING CELEBRATION OF

FEMALE PLEASURE An orgasm will

help you sleep and keep you looking

younger, it doesn't cost money and

isn't a scarce resource. So why is it

that, like the pay gap, there is an

'orgasm gap' between women and

men? The Hotbed Collective began life

as a podcast with a mission 'to make

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life better one orgasm at a time'. Their debut book, *More Orgasms Please* is an open, honest and at moments hilarious dive into all aspects of sex for women. It covers feminist porn, body image, menopause and much more.

Like the podcast that inspired it, *More Orgasms Please* is like the best sort of chat between friends: punchy and playful, normalising and educating. It is an eye-opening read that puts women's bodies and our right to pleasure firmly on the map. Think of it as 'Couch to 5k' ... for orgasms.

She Comes First: The Thinking Man's Guide to Pleasuring a Woman (2004) is a complete and detailed guidebook for performing cunnilingus. Author and sex counselor Ian Kerner argues that women require prolonged and consistent clitoral stimulation to achieve orgasm, which can best be

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provided through oral sex...Purchase this in-depth analysis to learn more. The complete self-help book on cunnilingus for everyone who would like to enjoy cunnilingus—women and men! Sex educator Violet Blue tells you all you need to know to give and receive exquisite oral pleasure:

- * For all women—heterosexual, lesbian, bisexual—and men who desire hot oral encounters
- * How to introduce cunnilingus into your sexual repertoire
- * How to negotiate oral sex with a reluctant partner
- * Clear, illustrated guide to women's anatomy
- * Helpful tips on preparation and hygiene—including shaving and waxing
- * Building trust and talking about your desires
- * Advanced positions and techniques
- * Toys, games, fantasy and power play
- * Complete guide to helpful resources—videos, books, and

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websites * Plus, explicit stories of women enjoying cunnilingus by best-selling erotica author Alison Tyler Roger Angell, the acclaimed New Yorker writer and editor, steps up with a selection of writings that celebrate a view from the tenth decade of an engaged, vibrant life. Whether it's a Fourth of July in rural Maine, the opening game of the 2015 World Series, editorial exchanges with John Updike, a letter to a son, or his award-winning essay on aging, "This Old Man," what links the pieces is Angell's unique perceptions and humor, his utter absence of self-pity, and his appreciation of friends and colleagues encountered over a fruitful career unlike any other.

Raise Your Standards and Reach for
the Love You Deserve
Open Her

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Summary of Ian Kerner's She Comes
First by Milkyway Media

So Tell Me about the Last Time You
Had Sex

He Comes Next

This Old Man

Until She Comes Home

Ever felt confused about female
sensuality? Puzzled as to what
women really want? Now there is no
need for guesswork. Packed full of
tips and tricks How to Give Her
Absolute Pleasure is sure to produce
mind-blowing sex for both you and
your partner. Written by one of
America's most popular sexperts'
Lou Paget, How to Give Her
Absolute Pleasure will guide you all
the way from foreplay to orgasm.
Drawing on the experiences of real

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clients, Paget explains the best toys, lubricants and positions so you can start enjoying safe, breath-taking sex today.

Avoid the booty call blues and get the love -- and sex -- you deserve! Come on. Admit it. He may not be that into you, but were you ever really that into him? He was never "the one," but you lowered your standards and dated him in the meantime. Why? For any number of reasons: you were lonely, you were horny, you thought dating him was better than being alone, all your friends are getting married -- you name it. And before you knew it, you got hung up on the jerk. Go figure. The world is full of

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sensational women, but in today's market there are too few good men to go around (or so it appears). Now Dr. Ian Kerner, clinical sexologist and author of the smash hit *She Comes First*, explores the battlefield of sex, hook ups, go-nowhere relationships, and the dismal dating treadmill, simultaneously arming women with a sharper set of insights and the tools for change. With humor and sincerity, Kerner shows women how to break the cycle of dating defeat and use the power of sex to find love, "with a great guy who is into you." So raise your standards -- and reach for the love you deserve!

Now in paperback, renowned sex

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therapist Ian Kerner shares the unique and indispensable methodology he uses to help thousands of couples get unstuck and into sexual sync. Dr. Ian Kerner is a Sherlock Holmes of the bedroom--a sexual detective helping individuals and couples solve the mystery of their sexual distress. His secret weapon? Analyzing your "sex script." Kerner takes a magnifying glass to a recent sexual event, examining the entire sequence of interactions--beginning, middle, and end--from multiple angles. In those details--the what, where, when, and why of the last time you had sex--all the clues of what went wrong are revealed and the mystery of how to

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create mutual pleasure can be solved. When our sex scripts work, we lose ourselves in mutual pleasure; but when they fail, it's all we can do not to ruminate over the details. What can be learned by looking at your sex life in action? With wit and warmth, the nationally recognized sex therapist and author of the smash hit *She Comes First* shows readers how to tap into their erotic personalities and realize their sexual potential. Dr. Kerner provides the tools and techniques you need to assess, fix, and expand your sex scripts, as well as discuss many common sexual problems that get in the way of happy endings. With the help of decades of clinical

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insight, the latest sexual science and research, valuable homework assignments, case studies, and more, this insightful and original book strips away discomfort and offers couples not just the ability to talk about sex, but the ability to actually do something about it.

THE NEW YORK TIMES

BESTSELLER A deeply honest investigation of what it means to be a woman and a commodity from Emily Ratajkowski, the archetypal, multi-hyphenate celebrity of our time. _____ 'This is the book for every woman trying to place their body on the map of consumption vs control, and every woman who wants to better

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understand her impulses. It left me much changed' - Lena Dunham 'I read these pages, breathless with recognition, and the thrill of reading a new voice telling it like it is' - Dani Shapiro 'Emily Ratajkowski's first essay collection needs to be read by everyone [...] both page-turning and moving as hell' - Amy Schumer 'A slow, complicated indictment of a profession and the people who propel it [...] it will deliver a more nuanced and introspective rendering of her interior than those who come to it with those surface interests might expect' - Vogue 'Dazzling' - Observer 'Ratajkowski brings nuanced insight to questions about

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empowerment versus

commodification of women's bodies and sexuality. Blending cultural criticism and personal stories, My Body is smart and powerful' - Time Magazine 'Raw, nuanced and beautifully written. A moving and enlightening experience to join a woman openly exploring such deep parts of her physical self via the written word. A truly impressive debut' - Emma Gannon 'Excellent [...] Ratajkowski writes with curiosity, intellect and acute awareness' - Harper's Bazaar 'Superb [...] it feels revolutionary' - Telegraph 'I admire and envy her artistry' - Guardian

Emily

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Ratajkowski is an acclaimed model and actress, an engaged political progressive, a formidable entrepreneur, a global social media phenomenon, and now, a writer. Rocketing to world fame at age twenty-one, Ratajkowski sparked both praise and furor with the provocative display of her body as an unapologetic statement of feminist empowerment. The subsequent evolution in her thinking about our culture's commodification of women is the subject of this book. *My Body* is a profoundly personal exploration of feminism, sexuality, and power, of men's treatment of women and women's rationalizations for accepting that

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treatment. These essays chronicle moments from Ratajkowski's life while investigating the culture's fetishization of girls and female beauty, its obsession with and contempt for women's sexuality, the perverse dynamics of the fashion and film industries, and the grey area between consent and abuse. Nuanced, unflinching, and incisive, *My Body* marks the debut of a fierce writer brimming with courage and intelligence.

Abolition. Feminism. Now.

Come as You Are

The Ultimate Guide to Cunnilingus

Alice in Wonderland

Why Orgasms are Vital to a

Woman's Health and Happiness, and

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How to Have Them Every Time!

A Practical Guide to the Science of
Sex

the bestselling guide to the new
science that will transform your sex
life

Do you feel stuck in life, not
knowing how to make it more
successful? Do you wish to become
more popular? Are you craving to
earn more? Do you wish to expand
your horizon, earn new clients and
win people over with your ideas?

How to Win Friends and Influence
People is a well-researched and
comprehensive guide that will help
you through these everyday
problems and make success look
easier. You can learn to expand
your social circle, polish your skill

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set, find ways to put forward your thoughts more clearly, and build mental strength to counter all hurdles that you may come across on the path to success. Having helped millions of readers from the world over achieve their goals, the clearly listed techniques and principles will be the answers to all your questions.

Ever wondered how to make a girl satisfied? How to make her scream with pleasure? How to get her super ready for you in in bed? Well, wonder no more! Ricky Santos got you covered with a simple and concise instruction into a woman's heart and body in HOW TO MAKE HER ORGASM.

BECOMING ORGASMIC is the

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ideal book for any woman who has inhibitions about sex and wants to enhance the pleasure she gets from it. Whether you're married, or single, divorced or widowed, under 30 or over 60, or somewhere in between, the programme presented in this book will help you feel comfortable with yourself and your ideas about sex. It will help you to: Evaluate your sexual history and put it in perspective; explore your body through touch; understand the effects of pregnancy, menstruation, and menopause on sexual desire and response; be comfortable with your body and yourself as a woman; share self-discovery with your partner; overcome the fear of orgasm; explore ways to trigger an

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orgasm and learn about sex in the modern world - social expectations, personal values, and choosing a partner in the age of AIDS. A personal and sensitively written book, BECOMING ORGASMIC is designed to make you feel good about your sexuality and yourself. As women everywhere will attest, men are "ill-cliterate." Most guys know more about what's under the hood of a car than under the hood of a clitoris. But in the world of She Comes First, the mystery of female satisfaction is solved and the tongue is proven mightier than the sword. According to sex therapist (and evangelist of the female orgasm) Ian Kerner, oral sex isn't just foreplay, it's coreplay: simply

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the best way to lead a woman through the entire process of arousal time and time again. Can you say "viva la vulva"? Fun and informative, She Comes First is a virtual encyclopedia of female pleasure, detailing dozens of tried-and-true techniques for consistently satisfying a woman and ensuring that sexual fulfillment is mutual.

A sexual and personal growth programme for women

She's Come Undone

Secret Maps to Buried Pleasure

Coraline

How to Go Down on a Women and Give Her Exquisite Pleasure

How to Win Friends and Influence People

Think Again

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**#1 New York Times
Bestseller “THIS. This is the
right book for right now.
Yes, learning requires
focus. But, unlearning and
relearning requires much
more—it requires choosing
courage over comfort. In
Think Again, Adam Grant
weaves together research
and storytelling to help us
build the intellectual and
emotional muscle we need
to stay curious enough
about the world to actually
change it. I’ve never felt so
hopeful about what I don’t
know.” —Brené Brown,
Ph.D., #1 New York Times
bestselling author of Dare**

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to Lead The bestselling author of Give and Take and Originals examines the critical art of rethinking: learning to question your opinions and open other people's minds, which can position you for excellence at work and wisdom in life Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there's another set of cognitive skills that might matter more: the ability to rethink and unlearn. In our daily lives, too many of us favor the comfort of conviction over the discomfort of

doubt. We listen to opinions that make us feel good, instead of ideas that make us think hard. We see disagreement as a threat to our egos, rather than an opportunity to learn. We surround ourselves with people who agree with our conclusions, when we should be gravitating toward those who challenge our thought process. The result is that our beliefs get brittle long before our bones. We think too much like preachers defending our sacred beliefs, prosecutors proving the other side wrong, and

politicians campaigning for approval--and too little like scientists searching for truth. Intelligence is no cure, and it can even be a curse: being good at thinking can make us worse at rethinking. The brighter we are, the blinder to our own limitations we can become. Organizational psychologist Adam Grant is an expert on opening other people's minds--and our own. As Wharton's top-rated professor and the bestselling author of Originals and Give and Take, he makes it one of his guiding principles to argue

like he's right but listen like he's wrong. With bold ideas and rigorous evidence, he investigates how we can embrace the joy of being wrong, bring nuance to charged conversations, and build schools, workplaces, and communities of lifelong learners. You'll learn how an international debate champion wins arguments, a Black musician persuades white supremacists to abandon hate, a vaccine whisperer convinces concerned parents to immunize their children, and Adam has coaxed Yankees fans to root for the

Red Sox. Think Again reveals that we don't have to believe everything we think or internalize everything we feel. It's an invitation to let go of views that are no longer serving us well and prize mental flexibility over foolish consistency. If knowledge is power, knowing what we don't know is wisdom. Transform Yourself from "Passion Victim" to Passionista! In the smash hit She Comes First, Ian Kerner singlehandedly waged battle against male sexual "ill-cliteracy," and women everywhere

benefited from his "viva la vulva" philosophy of female pleasure. Now, in Passionista, it's time to learn all about what turns men on and makes them stay on. In this point-by-point, "blow-by-blow" guide, Kerner makes giving as much fun as receiving as he covers every angle of male sexuality, unlocks the secrets of satisfaction, and offers knowledgeable answers to the questions every woman wonders about. His advice is the closest you'll ever come to waking up in a guy's skin and knowing what truly

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makes him sexually tick. Written in the same witty, insightful, and utterly readable voice that has made She Comes First and Be Honest so popular, Passionista is the empowered woman's guide to enjoying sex to the fullest

An empowering book about standing your ground while dating, in marriage, in your career, and anywhere else. As an author and a coach who has been helping women for more than a decade, I noticed some women were in trouble. Not just in their relationships,

some had unfulfilling jobs, didn't get paid what they were worth, had always dreamt of starting their own business but never did, felt lonely even though they had a husband and kids... the list goes on and on. So many women try to be the perfect girlfriends, wives, mothers, friends, sisters, colleagues, business owners, bosses, and more. They love to serve and want to succeed in the many roles they have to play. They are compliant, even to the people who don't really deserve that kind of treatment. They

give it all they have, every single day. Regardless of their tremendous efforts, some women get little in return. They feel used. They get men that keep flaking out, careers that don't feel meaningful, and possibly a body that starts to feel and look more and more tired. Did you ever notice that burnout tends to afflict women much more often than men? There's a reason for that, as you'll learn. This should stop. Some women seem to have found a loophole, a backdoor in the current system. There are women

out there who have designed the life they live. I call these women the high-value women. This value has nothing to do with money. It turns out the high-value woman follows a set of strategies and principles. I'll share them with you throughout this book. You might have seen and met her. She's the woman who is self-employed, doing the thing she loves, and making a living off of it. She's the woman who might have decided to have a normal career, with a twist. It's the type of career she enjoys

and she is actually appreciated for the hard work and hours she puts into it. When she speaks, others listen, even the men in her office with over-inflated egos. Her job almost never feels like work and is deeply fulfilling. It doesn't cost her energy; she gets energy from it. When she wakes up, she can't wait to get started with her day. She is the woman who has found and created herself a loving relationship with a man she loves. She is also the woman who is happily single, the woman who

doesn't need a man to be happy. She has a supportive circle of great friends, and she has the time to hang out with them, even when she has kids. She knows how to set the world to her hand, so it seems, and some women wonder how she does it. That's what this book is about, I'll uncover her strategies. I've been studying and interviewing her for so long now that I can't wait to share everything with you. We'll dive in what to do in your romantic relationships, in your career, in your

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personal life, and most importantly, in your own mind. I'm sure you already are a high-value woman in many ways. Some parts of the book will reaffirm that you're on the right track; others will provide a new way of thinking to take you to the next level. Are you curious to find out how the high-value woman does it all? Then hit the buy button at the top of this page and start your high value woman journey right away! Transform Yourself from "Passion Victim" to Passionista! In the smash hit She Comes First, Ian

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***Why Female Pleasure
Matters***

***The Power of Knowing
What You Don't Know***

Ask a Manager

***How to Navigate Clueless
Colleagues, Lunch-Stealing
Bosses, and the Rest of
Your Life at Work***

Meet Dolores Price. She's thirteen, wise-mouthed but wounded. Beached like a whale in front of her bedroom TV, she spends the next few years nourishing herself with the chocolate, crisps and Pepsi her anxious mother supplies. When she finally rolls into young womanhood at 257 pounds,

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Dolores is no stronger and life is no kinder. But this time she's determined to rise to the occasion and give herself one more chance before really going belly up. In his extraordinary coming-of-age odyssey, Wally Lamb invites us to hitch an incredible ride on a journey of love, pain, and renewal with the most heartbreakingly comical heroine to come along in years. At once a fragile girl and a hard-edged cynic, so tough to love yet so inimitably loveable, Dolores is as poignantly real as our own imperfections. Abolition. Feminism. Now. is a celebration of freedom work, a

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movement genealogy, a call to action, and a challenge to those who think of abolition and feminism as separate—even incompatible—political projects. In this remarkable collaborative work, leading scholar-activists Angela Y. Davis, Gina Dent, Erica R. Meiners, and Beth E. Richie surface the often unrecognized genealogies of queer, anti-capitalist, internationalist, grassroots, and women-of-color-led feminist movements, struggles, and organizations that have helped to define abolition and feminism in the twenty-first century. This pathbreaking book also features

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illustrations documenting the work of grassroots organizers embodying abolitionist feminist practice. Amplifying the analysis and the theories of change generated out of vibrant community based organizing, Abolition. Feminism. Now. highlights necessary historical linkages, key internationalist learnings, and everyday practices to imagine a future where we can all thrive. She's Yours For The Taking: A Man's Guide to the Seduction and Sexual Enchantment of Women goes beyond the juvenile notion of just "picking up women". It's a complete

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Dating and Mating Handbook that a man can refer to at every step along the way to seduction: from how to first engage a woman in a manner that makes an intriguing impression on her... to guiding her straight into his arms by feeding her the proper romantic signals that she craves at every step along the way. And it's all done with paint-by-numbers ease! To begin, SYFT presents a very low-pressure cold-meeting move called Pull Tabbing. This easy-going, casual socializing technique will equip you with a solid plan of social action that can be stored away in your

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head all ready to spring into action. It's especially effective for making hay with those sudden "gotcha" chances to meet women that happen when you least expect them... at the mall, in school or even out on the street. Pull Tabbing shows you how to flirt in an appropriate and friendly manner that can capture a woman's immediate interest -- and without having to hang your Ego out to dry in the process! Pulling a phone number will seem like a natural extension of the flirt, rather than an awkward intrusion into her life. Then you'll learn about the Three Date

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Master Seduction: Action, Connection and Romantic-style get together that appeal to her deepest romantic instincts like a lock-and-key. Understanding this correct approach to her heart can quickly forge that elusive bond of "chemistry" that is often lacking on first dates that fizzle. She's Yours then completes the journey in the bedroom with a galaxy of erotic moves that are designed to send her straight into orgasmic orbit... while turning YOU into her favorite new addiction! No matter what your current level of social or romantic skill, SYFT will show you how to take it to

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the next level and turn any girl that you've got your eye on into the girl of your dreams.

We've been thinking about sex all wrong. Mainstream media, movies, and porn have taught us that sex = penis + vagina, and everything else is just secondary. Standard penetration is how men most reliably achieve orgasm. The problem is, women don't orgasm this way. We've separated our most reliable route to orgasm—clitoral stimulation—from how we feel we should orgasm—penetration. As a result, we've created a pleasure gap between women

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and men: 50% of 18-35-year-old women say they have trouble reaching orgasm with a partner 64% of women vs 91% of men said they had an orgasm at their last sexual encounter 55% of men vs. 4% of women say they usually reach orgasm during first-time hookup sex In *Becoming Cliterate*, psychology professor and human sexuality expert Dr. Laurie Mintz exposes the broader cultural problem that's perpetuating this gap, and what we can do about it. Pulling together evidence from biology, sociology, linguistics, and sex therapy into one comprehensive, accessible, and

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prescriptive book, *Becoming Cliterate* features: Cultural & historical analysis of female orgasm (spoiler: the problem's been going on for ages) An anatomy section (it's all custom under the hood) Proven techniques for cliterate sex (it starts with training the sex organ between your ears) A comprehensive final chapter for men (because you don't have to have a clitoris to be cliterate) By dispelling the lies, misunderstandings, and myths that have been holding us back, *Becoming Cliterate* tackles both personal and political problems and replaces them with updated

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outlooks and practical skills needed to change our collective perspective on sex. It's time to finally inform women and men on how to have satisfying experiences in bed that benefit both parties. The revolution is cuming—and Becoming Cliterate offers a radical, simple solution to progress and pleasure for all.

Laying Bare and Learning to Repair Our Love Lives

Becoming Cliterate

An Empowering Book About Standing Your Ground While Dating, in Marriage, in Your Career and Anywhere Else.

My Body

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Activate 7 Masculine Powers to
Arouse Your Woman's Love &
Desire

The truth about desire and how
to futureproof your sex life

Project: Happily Ever After

NATIONAL BOOK AWARD WINNER

• *NATIONAL BESTSELLER* • *From one of America's iconic writers, a stunning book of electric honesty and passion that explores an intensely personal yet universal experience: a portrait of a marriage—and a life, in good times and bad—that will speak to anyone who has ever loved a husband or wife or child. Several days before Christmas 2003, John Gregory Dunne and Joan Didion saw their only daughter, Quintana, fall ill with what seemed at first flu, then pneumonia, then complete septic*

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shock. She was put into an induced coma and placed on life support. Days later—the night before New Year's Eve—the Dunnes were just sitting down to dinner after visiting the hospital when John Gregory Dunne suffered a massive and fatal coronary. In a second, this close, symbiotic partnership of forty years was over. Four weeks later, their daughter pulled through. Two months after that, arriving at LAX, she collapsed and underwent six hours of brain surgery at UCLA Medical Center to relieve a massive hematoma. This powerful book is Didion's attempt to make sense of the "weeks and then months that cut loose any fixed idea I ever had about death, about illness ... about marriage and children and memory ... about the shallowness of sanity,

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about life itself.

They're free, fun, and with this book, easy to achieve. And just look what a woman stands to gain from her

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Relaxation—less stress and tension •

Falling asleep and staying asleep

better • More supple skin (really!) •

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woman's pleasure. She covers the basics in orgasmic foreplay,

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improve orgasms, orgasm-enhancing

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yoga, breathing techniques, and more. Here is the 411 on more advanced climaxing—multiples and simultaneous orgasms. And she breaks out lots of quick fixes for getting a daily dose without any fuss. By the time she's through, having orgasms will become as natural and pleasantly habitual as drinking a morning coffee (which you'll be drinking less and less of, as you'll have increased energy from better sleep.) Vitamin O's benefits are layered and far-reaching, without any worry of toxicity or build-up—because Vitamin O is all about release. Regular doses will benefit every reader for life.

Open Her teaches a man how to embody 7 Masculine Archetypes to engage his woman in a deeper, more passionate dance of love. Each

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archetype brings a power and a gift, a secret key to his woman's love and desire. Open Her will inspire a man to love his masculinity and to know the power it holds to open a woman to ever deepening states of pleasure and love.